

Local Green Super-food May Improve Health

Everyone is trying to add more "green" into their lives. From our surroundings to our habits, and of course adding green juices and superfoods to our diets - "green" is definitely "in." Healthy

"green" drinks have been mentioned in People and InStyle Magazines and juice bars are popping up all over the country. It appears our society is once again regaining a consciousness towards health. In the past, "green foods" may have been scary & hard to incorporate in your diet. Here in the Klamath Basin

we are blessed with a nutrient-dense aqua-botanical™ that contains over 65 vitamins and minerals and is a rich source of chlorophyll. Chlorophyll helps to increase oxygen availability to one's system. This native aqua-botanical™ is called Aphanizomenon Flos-aquae (AFA for short), and is harvested from the waters of northern Klamath Lake. E3Live is a pure, powerful, nourishing food that is considered to be the most nutrient dense super-food on the planet by NASA and professors at UCs Irvine and Berkeley. Rich in natural essential fats, E3live helps with mental clarity, hormone imbalance, mood, memory & motivation. Because of

the natural PEA (phenyl ethylamine), known as the "LOVE molecule", some people experience a positive mental state. Athletes, adults, children and anyone wanting to boost

their energy, immune system and overall balance of the body with supreme nutrients will LOVE E3live! Equivalent to almost two pounds of greens, it provides an intense amount of natural energy. E3Live is available locally at Asana Yoga, A Leap of Taste, and Sherms Thunderbird. For more information, please visit www.e3live.com, or call 888.800.7070.

