

THE BEAUTY EXPERT

allure

JUNE 2012

Your Sexiest Summer EVER

Bronze Skin, Shimmery Makeup, Fun Nails
PLUS: Quick Fixes for Hot-Weather Glitches

Crazy-Easy WEIGHT LOSS

Sneaky Ways to Drop the Pounds

Frizz-Free Hairstyles

1 MINUTE, 1 AMAZING HAIR PRODUCT



ELIZABETH BANKS

Nothing Is Off-Limits—Embarrassing Sex Scenes, Small Boobs, Big Paychecks

60

Products You Love

The Readers' Choice Awards

SLEEP BETTER—TONIGHT!

New Ways to Get More Rest

comfortable heels and boots. For flip-flops, I love Reef—they never cause any pain between my toes. And Puma makes the comfiest athletic socks around—soft and breathable with a cushioned sole.”

Daily to-do. “Moisturizing keeps my feet healthy and young-looking. I use **The Body Shop Peppermint Cooling Foot Lotion** every day—I love how it feels cool on my feet—and hydrate my toenails and cuticles with **CND SolarOil** morning and night.”

Legs

Elisaveta Stoilova



Her legs could make Texas look hot. So imagine what happens when she steps into a pair of spiky silver Louboutins. “I’ll always remember a shoot I did for *Allure* with Mr. Christian Louboutin,” she says. “I’m wearing the most coveted shoes and sitting with the man himself”—her outstretched legs draped over him. Stoilova has been in ads for Nordstrom, Prada, Coach, Victoria’s Secret, and most recently, Louis Vuitton’s campaign set in an ice cream parlor (she modeled summer shoes).

Great strides. “I don’t work out with a trainer, but I do try to walk everywhere, avoiding the subway, escalators, and elevators whenever I can. I’m probably the only girl in New York City who actually appreciates her three-story walk-up. My legs are thin, but not just skin and bone—I have muscle tone, and many clients like that. Not a lot of muscle, just the right amount for a healthy look.”

Cure for the (black and) blues. “I’m not extra-cautious, but I try not to get bruises or scratches. Bruises can be a pain, but using Boiron arnica gel fades the discoloration usually in, like, 24 hours. It’s amazing.”

Lotion loyalist. “I only use vegan, organic body moisturizers that have natural oils, like **Shea Moisture OrganicRaw Shea Butter Lotion**. It makes my skin feel supersmooth.”

By the Numbers

They say a whole is greater than the sum of its parts...but that depends on how you value each one.

21:

Circumference in inches of Bette Davis’s waistline when it was insured for \$28,000 in a 1930s publicity stunt.

1990:

Year Shelley Michelle was Julia Roberts’s body double for *Pretty Woman*—and appeared (with Roberts’s head and in thigh-high boots) on the film’s poster.

\$300 MILLION:

Amount the *New York Post* reported that Jennifer Lopez had insured her butt and legs for in 1999.

10:

Approximate number of butt photos Mandy Moore reviewed before choosing her double for 2004’s *Chasing Liberty*.

\$2.2 MILLION:

Total amount of Heidi Klum’s leg-insurance policy. Her left leg is insured for \$200,000 less than the right because of a small scar on her knee.

60:

SPF of the gloves Gemma Howorth, hand model in a Kate Moss Rimmel London TV ad, wears to the beach.

\$795:

Day rate that a body double received in 2006, according to a report on slate.com.

—KATE SULLIVAN

Smooth operator. “The night before a shoot, I buff my legs with exfoliating gloves. I just add a squirt of **Giovanni Cosmetics body wash** and circle the mitts over my legs. Right before work, I shave so my legs are as smooth as possible. I use the **Venus Spa Breeze**—it’s the best for a close shave—and change the blade when the moisture strips wear down. And I only use vegan soap to shave because it makes a very light foam, and I’m very concerned about ingredients.”

Butt

Sanli Ekin Ozlen



Some butts get cat-calls. Ozlen’s gets casting calls. Discovered on the sands of Cocoa Beach, Florida (“I pretty much lived on the beach with a bunch of surfers”),

the singer-slash-model’s first job was for Reef Brazil sandals. “They photographed only our backsides in Brazilian bikinis,” she says. “It definitely helped me carve out my niche in modeling.” Since then, she’s lent her curves to Levi’s, Dentyne Tango gum, and Target (“I’m the hosiery girl on all the Merona and Xhilaration packaging”).

Tight end. “I’m a competitive equestrian, so I’m on horses six days a week. Riding is like swimming—it works every part of the body. I also do reverse lunges with a ten-pound weight in each hand. It’s the one thing I’ve found that targets that saddlebag area right under the booty. I do three sets of 15 lunges every day—and always before a shoot.”

Impossible gleam. “I want my skin to be glistening when I show up for shoots. I love the scent and sheen of **Laura Mercier body creams**. They smell edible—particularly the crème brûlée one.”
Bottoms up. “I found this organic supplement called **E3Live**, which contains a blue-green algae that’s full of antioxidants and other nutrients. It has a fresh, green flavor—not bad, but I mix it with grape juice every morning to make it taste better. After I’d been taking it for a few weeks, my friends started complimenting my skin, saying it looked really healthy and glowing.”

Winning bronze. “I self-tan every week—it hides flaws, especially cellulite. First, I exfoliate all over with this super-cheap but really great body exfoliator by **St. Ives**. It’s oil-free and doesn’t get in the way of your self-tanner adhering to your skin. My favorite tanners right now are **Phytomer Sun Radiance Self-Tanning Cream** and, for a super-deep result, **Xen-Tan Dark Lotion**. For special events, I’ll get a spray-tan by Dallas [Port] at the Four Seasons Hotel Los Angeles in Beverly Hills.”